



THE ORIGINALS



MUSOORIE INTERNATIONAL SCHOOL

Srinagar Estate, Polo Ground Mussoorie – 248 179, Uttarakhand, India

“DHIYO YONAH PRACHO DAYAT”

Sports Day Special: Issue No. 07

“Sports do not build character. They reveal it.”
~ Heywood Broun

RENDEZVOUS WITH THE CHAIRMAN

TOT: Comments on the changes brought about in the school.

SSP: “Nothing has been changed”. The VISION, MISSION and the ETHOS of the school remains exactly the same, just the path needs to be amended in a tactical way. We have to change with time. When a new prime minister is elected, he/she does not change the motto, only introduces new schemes. In the same way, all the changes that you have seen in this school are the schemes of the new Principal.”

TOT: As Sports Day is approaching, do you think Sports should be given equal weightage to academics?

SSP: “Sports and academics are not two different things, I think both are important. It’s not ‘either’ or ‘or’. Sports being physical wellness is also a skill. When you are focusing on Sports you are already focusing on many other aspects of your development like mutual care, integrity, respect, tolerance and discipline. These values which we usually talk about, sometimes come out in a better way through Sports rather than Academics.

TOT: If Sports and Academics were be given equal weightage then why do schools have more academic hours than sports hours?

SSP: We give weightage of how much is required. For example, do we study more than we eat? If you are given 5 hours to eat continuously, you can’t eat if you don’t eat you will die however, if you don’t practice maths you will just be bad at math. That is how certain things are given weightage in your schedule.



TOT: How do you define success?

SSP: I cannot define success for everybody and it is not the same because we are all unique. The evidence of success is happiness. ‘Success is when you reach a state where you are happy with yourself, your surroundings and you spread happiness.’

TOT: What are your plans for the school for the upcoming years?

SSP: Based on who we are as an institution, first of all, we need to keep progressing in what we are doing. Until and unless every girl stands up to the mission, our goal is not achieved. I want MIS to be known in terms of equating what we do across the globe. Ten years down the line, when you say that you are a MISTAR, you should be recognized across the ocean, far and wide.

We should ask ourselves this question constantly “why does the world need Mussoorie International School...and work towards it”

*TOT: The Originals Team, SSP: Sir Shantanu Prakash

POINT OF VIEW

Talent and hard work are the routes to the same destination. Only hard work can help us achieve our talent as talent is never inborn. If we work with passion and hard towards something it usually tends to become our talent. Hard work is the key to success as nothing is ever served to us on a silver platter. To rest my case I would say that anybody who is known for his/her talent has worked hard somewhere on the other in their life to become this capable of being called ‘talented’.

~ Snigdha Jain 11B



They say, “Hard work is the key to success” but isn’t it the talent that turns the key? Talking about talent, it is an ability which is possessed by someone without being taught. Hard work works towards the target whereas talent hits the target. Let’s ask you a question, wouldn’t a music producer sponsor Jennifer Lopez over a person who is yet “working hard” to get into the school band?

~ Ishika Banerjee 11B

This year there is a lot of participation by students in various intra-school events. They have participated with full zeal and enthusiasm. The atmosphere currently is more exciting as there is tough competition amongst all three houses. As Sports Day is approaching, we as the games captains can see the competition spirit amongst all athletes. The proclivity for sport is what the She – Panthers boast of and the yearning towards games is showcased in the Sports Day extravaganza every year. The sports meet of 2019 has helped the players come out of their comfort zone, and play with the true spirit of sportsmanship. On Sports Day we will be introducing our school mascot – THE PANTHER, which symbolises raw power, strength, glory and grace. Why Panthers though? Because lions and tigers maybe more powerful, but panthers don't perform in the circus! The events being showcased during sports day, karate, Lazium, mass drill, umbrella drill and Zumba. One of the main highlights for sports day is the Zumba performed by the senior school. With hearts full of courage and heads held high we move forward hoping sports day will be a hit.

~ Harmenjot Kaur, Muskaan Yadav, Mrisha Acharya

“The score never interested me, only the game”
~ Mae West



**Amrutha Karri won the under 19, 1000m bronze and 3000m gold medal ICSE skating nationals held in Mumbai, Maharashtra and got selected for SGFI.

REMINISCING MR. M. PANWAR

HOD Sports



My journey in Mussoorie International School began in the year 2011. There was no craze or “spirit” for sports at that time. As someone who is very devoted to sports, I had the vision to make sports thrive in MIS. I had it in my mind that every MISTar should be coerced into sports. Along with my colleagues I made a lot of changes in the sports department. Now we have sports like hockey and skating where our students are even participating at national and SGFI. It gives me great joy to see all the MISTars playing together every morning and evening. Earlier they used to come according to their grade and they had specific timings to play.

Now I see my girls playing every day happily without any differentiation of junior and senior they are treated equally as one team. Our students competing in Zonals, Regionals and Nationals and are bringing back home a lot of medals which gives me immense pride as HOD Sports. MIS is now going to greater heights also taking the name of Mussoorie International School to new heights.

I am proud of Harmenjot the games captain, Muskan and Mrisha the vice-games captains as they have lived up to their responsibilities. They don't misuse their post for their houses and know when to be a White house student. I am looking forward to a great sports day and true sportsman spirit in each one of our girls in the upcoming years.

On the 16th and 17th of September, the senior and junior team of MIS won the CISCE Regional throwball matches however lost in the semi-finals. Despite this, the whole Uttarakhand team was represented by our very own She-Panthers, throwball school team, and earned the bronze for the same. Some of our she-panthers were also selected for throwball Nationals – Harmenjot, Shefali, Muskan, Malayika from the senior team and Arzoo and Aanya Khandelwal from the junior team. It was a great experience that taught us how to adjust and never lose hope.

The final trophy goes to...

Gayatri House Captains: Mallika Rana and Sanya Arya

“When in doubt, Shout it loud. Go Go Go Gayatri.” We are geared up for Sports Day and are pretty confident luck will remain ours. We are really excited and are fatigued by the end of the day working for the trophy; but the thought of getting the trophy again keeps us going. Despite us not being blessed with great 10s, the trophy will remain ours. This year the competition is very strong and is keeping us focused to grab the trophy again. At the end all that we would like to say is that “be aware, we are here.” The legacy is ours and the action will replay.



Santoshi House Captains: Jiya Thakur and Harmehar Kaur

“We are Santos. We are proud. We are Santos. Say it loud.” Sports day is going to be great. Positive vibes have geared us up for the event. It’s our trophy, we will get it back, no matter what we have to do. Gayatris remember, ‘S’ for Sports day, “hamari trophy vapis de.” It is not to scare you but just letting you know our actions are and will speak louder than this slogan. This year the trophy will reside in Santoshi House and we are doing everything possible for the coin to turn it’s face. Hoping for success for Santoshi House. All the best Lakshmis and Gayatris.

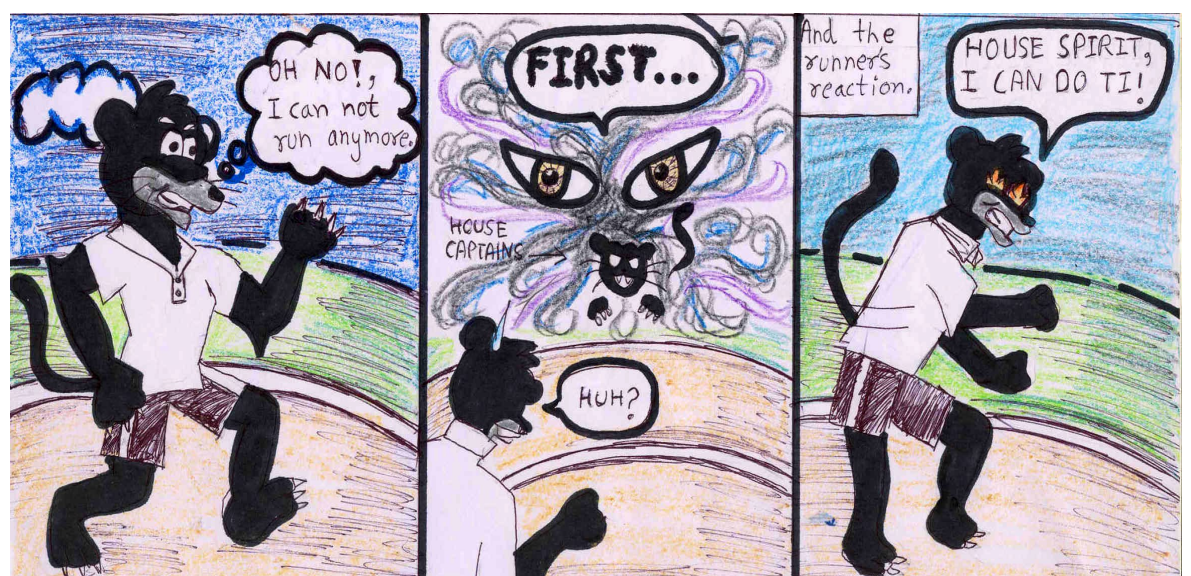
Lakshmi House Captains: Shalja Agarwal and Khushi Agarwal

“We are rough. We are tough. We are hard to be. So come on Lakshmis let’s move our feet.” This slogan is keeping our house going and each one of us is running an extra mile to bring the Sports Trophy back to Lakshmis after years. Though our heats were not up to our expectations, we believe our determination can get us the trophy. We are hoping to rewrite the history just as we did for the Talent trophy. We are sure if we don’t get the trophy, no one else deserves it. Our backbones, the 10s are really co-operative and we love them. Despite the other two houses teaming up against us, we are the best and so are they. We are not worried about this, we rather take it as motivation to work for our betterment, day after day.



This time December is at desperate urge. Its the 19th, and there’s only 4 days to go for Sport’s day, or should I say vacations? Apparently, grade nines and elevens are supposed to stay back as we need to “STUDY.” Six months in school is fine, not getting to wear the dresses specially made for Diwali is completely fine and obviously prohibiting ourselves from social media, does not make us whine. We are promised with “Two-day outing”, laptops with internet for three hours and a MUCH-convincing Domino’s Pizza reward.

~ Michelle Bagchi 11C



~ Chitranshi Holkar, IBDP year-1

मसूरी : पहाड़ों की रानी

प्रकृति ने भी क्या अजूबा बनाया !
दिल की चाहत ने, मेरा एक कदम
मसूरी की ओर बढ़ाया ॥

मसूरी का भी क्या कहना !
वो तो अपने में ही निराली है ।
लगा था कुछ खास नहीं होगी,
पर वो तो पहाड़ों की रानी है ।

मॉल रोड़ की चहचहाट ने,
लोगों का है दिल जीता
दूर-दूर से दुनिया में लोगों ने
मसूरी का ही भ्रमण करने का सोचा ।

पहाड़ों की क्या बात है !
पहाड़ पर तो भगवान का भी वास है ।
धरती की सुंदरता बढ़ाने में कोई और नहीं
पहाड़ों का ही हाथ है ।

~ किशिका गुप्ता 10G

व्यायाम के लाभ

कंकाल तंत्र पर खेल और कसरत करने के लाभ।

- यह हमारी हड्डियों को मज़बूती देते हैं और हमारे देह में कैल्शियम की कमी को भी पूरा करते हैं।
- यह हमारी जोड़ों को ताकत देने में सहायता करते हैं।
- हमारी रीड की हड्डी सिर्फ कसरत और खेल खेलने से ही सीधी रहती है।
- यह हमारे शरीर के दर्द को कम करता है और हमारा चलना आसान करता है।

अन्तर्सदनीय खेल दिवस समारोह

हमारे विद्यालय में दिनांक 24/10/2019 को प्रातः 9:00 बजे खेल-दिवस (स्पोर्ट्स डे) का आयोजन किया जाएगा जिसके लिए सभी छात्राएँ बहुत उत्साहित हैं। वर्षभर के परिश्रम का परिणाम उनके सामने आएगा। छात्राओं ने बहुत अभ्यास किया है। सुबह छह बजे से शाम छह बजे तक छात्राओं द्वारा किया जाने वाला अभ्यास प्रशंसनीय है। शिक्षक-गण भी छात्राओं का उत्साहवर्धन करने हेतु दिन-रात मेहनत करते देखे गए। केवल खेल विभाग ही नहीं बल्कि अध्यापन विभाग के शिक्षकों ने भी सभी कार्यों में हिस्सा लिया।

कार्यक्रम का शुभारंभ मुख्य अतिथि स्वागत से किया जाएगा। मुख्य अतिथि खेल-दिवस की प्रतियोगिताओं का शुभारंभ करेंगे। 5/10/2019, 12/10/2019 और 18/10/2019 को होने वाली हीट्स में दौड़-प्रतियोगिता, शॉट-पट, हाई-जंप, लॉग-जंप और बाधा-दौड़ आदि खेलों में बच्चों ने भाग लिया। कक्षा 1 से कक्षा 12 की खिलाड़ियों ने ज़ोर-शोर से हिस्सा लिया। कुछ खेलों के परिणाम घोषित हो चुके हैं और कुछ खेलों के खिलाड़ियों का चयन अंतिम- प्रतियोगिता के लिए हो चुका है। विजयी छात्राओं को खेल-दिवस पर ही पदक प्रदान किए जाएंगे।

खेल-दिवस पर छात्राओं के अभिभावकों को आमंत्रित किया गया है जिनके समक्ष छात्राएँ अपने खेल कौशल का प्रदर्शन करेंगी। उस दिन विद्यालय में तीनों सदन (संतोषी, लक्ष्मी, गायत्री) की ओर से मार्च-पास्ट, कराटे, जुम्बा, योग, लेज़ियम और अम्ब्रेला-ड्रिल का प्रदर्शन किया जाएगा। सभी बच्चे जी-जान से मेहनत करने में लगे हैं। सभी खेलों का मूल्यांकन किया जाएगा और विजिट सदन को खेल-ट्रॉफी दी जाएगी। मार्च-पास्ट की सलामी मुख्य अतिथि और प्रधानाचार्या द्वारा ली जाएगी। सभी मेहमानों के लिए जलपान की व्यवस्था की जाएगी। खेल प्रतियोगिताओं की समाप्ति पर छात्राएँ दीपावली के अवकाश के लिए प्रस्थान करेंगी।

~ मन्त कौर 9G



~ Sant Kaur, IBDP year-1

Est-ce que le sport est nécessaire?

Le sport est vraiment nécessaire pour rester en forme, physiquement et mentalement. Les activités sportives comme courir, faire des exercices ou même jouer à des jeux par exemple au basket, au football sont bénéfiques à la santé et au corps. Est-ce que vous voulez vous débarrasser de vos kilos supplémentaires? Le sport aide à gérer le poids. D'ailleurs, il aide aussi à baisser le risque de soucis cardiaques et diabétiques.

Comme je l'ai déjà dit, le sport est extrêmement important pour la santé d'esprit aussi. Par exemple, le sport régulier aide à réduire le stress. Lorsqu'on fait du sport en équipe ou même seul, on oublie les problèmes en s'amusant. Le sport aide également, à avoir un bon sommeil, détend notre corps et notre esprit et nous permet de commencer la journée avec plus d'enthousiasme et davantage d'énergie.

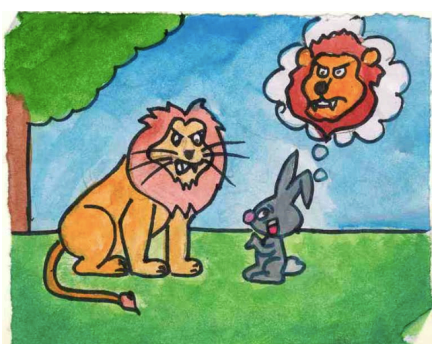
De plus, le sport apporte beaucoup de changement chez les gens parce qu'il nous apprend aussi certains aspects sociaux. Le sport nous enseigne le travail d'équipe et comment résoudre des problèmes. Puis, il nous enseigne comment voir les choses avec des perspectives différentes. De nos jours, nous sommes nombreux à pratiquer le sport comme activité récréative.

Enfin, le sport régulier est la meilleure thérapie pour avoir un esprit meilleur dans un corps sain. Il nous procure une hygiène de vie saine.

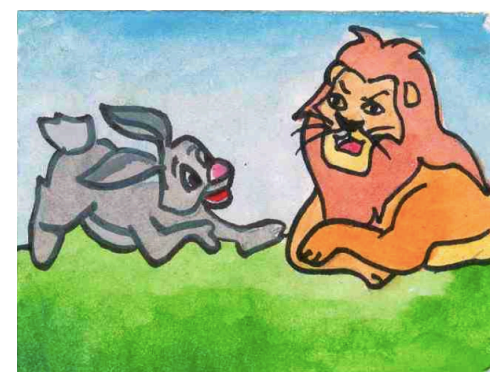
~Aahna Murarka, IBDP year-1

Le lion et Le Lapin

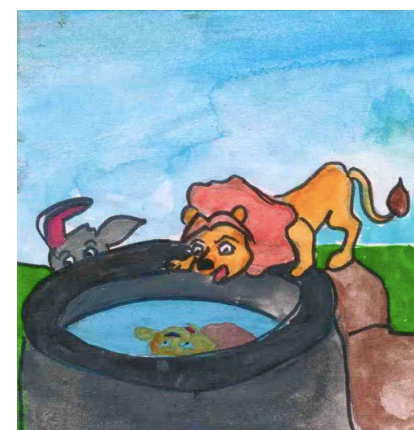
Il y avait un lion féroce qui attaquait d'autres animaux et les mangeait. Donc, tous les animaux avaient peur de lui. Un jour, tous les animaux se sont réunis et ont invité le lion à assister à la réunion. Quand le roi lion est arrivé, tous les animaux se sont levés en son honneur et ils ont eu une discussion. Finalement, il avait décidé que chaque jour, un animal irait se faire manger par le lion. Donc, tous les jours, un animal allait se faire dévorer pour nourrir le lion.



Un jour, c'était au tour de lapin d'être sage et intelligent pour aller chez le lion. En route pour chez lui, le lapin a vu un puits profond plein d'eau. Il lui est venu l'idée de tarder un peu. Donc, il est arrivé en retard chez le lion et le lion s'est mis en colère.



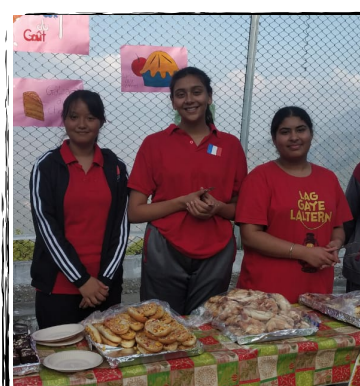
Le lapin a dit qu'il a rencontré un autre lion qui clamait être le plus puissant et pouvait être le roi de la jungle. Le lion a hurlé. Il a demandé au lapin de le conduire chez ce lion. Il a amené le lion au puits qu'il avait vu avant. Le lion a regardé dans le puits, et a vu un grand lion qui était son propre reflet. Il a poussé son cri et a voulu le tuer. Le lion bête a sauté dans le puits et il s'est noyé.



La morale de l'histoire: L'intelligence est supérieure à la force physique.

~ A Panchatantra tale

Translated by: Aahna Murarka, IBDP year-1



FRENCH FEAST

The students of IBDP year I celebrated 'French Food' week on the 19th of October 2019. The students were very enthusiastic about this occasion and prepared for it accordingly. They put up posters with pictures of the things they were going to serve. From croissant and apple tart they had it all. The stall they set up in a corner of the field did great business and everything sold like hot cakes. The money collected will be donated to charity.

PREVIOUSLY ON CAMPUS

So how has the week been? Interesting enough, eh? Seeing how the Lakshmis entered the field with painted faces, full of passion, grinding to the rhythm of their slogans reminded the others of mortals on islands. Also the intense disqualification on the field did frighten all the houses!

Apart from that, seeing the MISTars in non-monochrome clothes this weekend revived our colorblind vision. The horrifying skit by the Elites left us all “shook” and “bewildered”. The “expected” thin line between Chinese and Continental food as opposed to Indian food was rather blurred. No surprise there!

With the twelves starting the time capsule, the previous night had something exciting and an airy-fairy teaser for the “Well-Fare”. Lets just hope that the upcoming batch is able to live up to the expectations.

The senior Math students definitely missed the last Morning P.E turning out to be a jam session; a slight miscalculation on their part. However, after all the hard work, may the best house win!

Wishing all a very Happy and Prosperous Diwali and for those staying back, Happy Studying.

SIMON SAYS

Please excuse the first track.
(PRANJAL GAI)

She sweated like anything.
(School Prefect-1)

I am drowsing off.
(School Prefect-2)

She came first in the race.
(MISTAR SPECIAL)

I am feeling faintish.
(DAINTY MISTARS)

Look at up then look at down.
(HOD-SPORTS)

Gayatri house then after Lakshmi house.
(CORRIDOR POLICE)

I will make you die.
(THE CORRESPONDENT, SUCHI)

I am thank you.
(THE CORRESPONDENT, AVNI)

All the girls line up for JUMBAA.
(HOD-SPORTS)

JOURNEY THROUGH THE MYSTERIOUS GLOBE

- In the ‘The World’s Best Employers 2019’, Alphabet Takes Top Spot, Followed By Microsoft And Red Hat.
- NASA unveiled the Space Suit to be worn by the First Woman on the Moon.
- Pro Kabaddi 2019 Final HIGHLIGHTS, Dabang Delhi vs Bengal Warriors in Ahmedabad: Bengal Beat Delhi to Win Maiden Title.

SUDOKU

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*The Originals Editorial Team recognises and appreciates the work of the volunteers.

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Published By: Ms. Meeta Sharma, Mussoorie International School

Supervisor: Mr. G.C Uniyal

Teachers In Charge: Ms. Vatsala Mehra, Ms. Chanella Cubbins, Ms. Indu Aswal, Mr. Pankaj Mishra, Webmaster: Mr. Vinod Chamoli,

Associate Webmaster: Mr. Rajeev Negi,

Editor In Chief: Khushi Jayant Tailor, Senior Editor: Riddhima Sharma, IT Head: Aditi Mittal, Editors: Antareeksha Maibam, Parinita

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